

NEW

STUDENT

GUIDE



WELCOME TO CAPILANO UNIVERSITY



Welcome to Capilano University! This is an exciting time for you and your family. We're honoured that you have chosen to pursue your university studies at CapU.

Beginning post-secondary education is a big step, particularly now, as we continue to deal with the challenges of COVID-19. However, new opportunities we never imagined before are emerging—I believe your time at CapU will give you the confidence to explore the world with the belief that your goals are achievable.

You are entering an exceptional university with a learning environment where your well-being is the cornerstone of everything we do. At CapU, you'll engage in applied learning approaches that can lead to real-world experiences. I encourage you to make the most of your experiences—go ahead and explore the many programs we offer and let your curiosity inspire imaginative approaches in everything you do here.

Starting today, go forward with confidence to pursue a future that is of your own making.

Sincerely,

PAUL DANGERFIELD
PRESIDENT



LEADING WITH CONFIDENCE, REUNITING WITH CARE

CapU continues to navigate the challenges of the COVID-19 pandemic with your safety and well-being remaining a key priority for the University. We are guided by our commitment to provide you with engaging, inclusive and active learning opportunities, while following public health and the B.C. government's guidance to support the continuity of in-person learning.

Based on current plans, the majority of classes at Capilano University will be in person with some courses being taught online or in a mixed-mode approach (online and in person). Between now and September, there is much that we will learn and we will adjust as necessary to maintain a consistent approach, building in flexibility in our academic planning and considerations.

For the latest information about our plans, academic supports, student services, and health and safety guidelines, including answers to your frequently asked questions, visit capilanou.ca/return2campus

Although our COVID-19 context continues to evolve, I believe we will see a growing sense of revitalization and collective connection at CapU in 2022. I wish you all the best. Welcome to Capilano University.

Toran Savjord
Vice President, Strategic Planning,
Assessment and Institutional
Effectiveness

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NAVIGATE YOUR NEXT STEPS

Congratulations on being admitted to Capilano University! We've prepared this guide to help you transition successfully to CapU. Think of it as a toolbox to help you navigate your next steps with confidence. Your future at CapU awaits and we look forward to you joining our community!



PRE-ARRIVAL CHECKLIST

Keeping track of all the details you need to take care of before starting your studies can be challenging, so we've prepared a pre-arrival checklist, located at the back of this guide, to help you stay on track. Tear off the checklist and place it somewhere visible, and then check off the tasks as you complete them.

ACADEMIC ADVISING

Our academic advisors are available to assist you with course planning. Join a drop-in group advising session, attend a course planning workshop or book a more in-depth, one-on-one advising session. See capilano.ca/advising

BUYING YOUR BOOKS

To order your books and course materials online and have them shipped to your home, visit books.capilano.ca

COURSE REGISTRATION

You will receive information about registration through your myCapU email account, including the date and time when you can go online and register for your courses. This is called a "time ticket" and is an important step for you to register for courses. Time tickets are assigned based on student groups and the total number of credits you've earned. In early July, be sure to check if you have received a time ticket for registration. For more information, visit capilano.ca/registration-time-tickets



MARK YOUR CALENDAR

JumpStart

Kick-start your education by attending our virtual JumpStart event. This event is designed to give you the opportunity to get to know the campus and staff before your studies begin. To RSVP and for more information, visit capilano.ca/jumpstart

Parent & Student Supporter Orientation

This event is for your parents or supporters and is held at the same time as your JumpStart event. At the virtual Parent & Student Supporter Orientation, your parents and supporters will learn about what to expect in the first year of university and how to support you during this critical transition. It will be a great experience, so encourage them to attend. To RSVP and for more information, visit capilano.ca/parent-supporter-orientation

New Student Orientation

Starting anything new in life is exciting, but can also be a little scary. That is why we encourage you to attend CapU's New Student Orientation to help you have a smooth and stress-free start to your university experience. You will get the chance to make new friends and enjoy some fun activities. Come ready to learn and have a great time! For more information, visit capilano.ca/orientation

STAY CONNECTED

Read engaging stories about the CapU community in *Capsule*, CapU's digital magazine, at capilano.ca/capsule



PLAN YOUR FINANCES

A university education is a big investment. Now that you have been admitted to CapU, the next step is creating a plan to pay for your education. We have various tools and resources to help you and your family set up an educational financial plan.



APPLY FOR SCHOLARSHIPS, BURSARIES AND AWARDS

We have a one-step online application through your myCapU account. Remember to apply every term! capilanou.ca/awards



PLAN AHEAD AND CREATE YOUR EDUCATIONAL FINANCIAL PLAN

Check out the myCapU money machine under "Planning your Financing." capilanou.ca/financial-aid



CONSIDER APPLYING FOR STUDENT LOANS

Visit your province's student loan provider website and apply early! B.C. residents: studentaidbc.ca



TALK TO A FINANCIAL AID ADVISOR

Explore your options for financial assistance and get help with budgeting. capilanou.ca/financial-aid

SCHOLARSHIPS, BURSARIES & AWARDS

Scholarships, bursaries and awards are financial assistance that you don't have to pay back, and you can apply for them after you begin your studies. For more information on our scholarships, bursaries and awards as well as the full list of awards that we offer, visit capilanou.ca/awards

USEFUL RESOURCES

CapU Website: The Fees & Finances section on our website is very detailed and has links to lead you to all the relevant or necessary sources of information you will need. See capilanou.ca/fees

StudentAid BC Website: Helps you explore funding options and has information on how to maintain and repay the loans. See studentaidbc.ca

National Student Loans Service Centre (NSLSC): Offers on-demand online webinars on the student loan repayment process. The webinars help you understand your obligations when repaying your student loan, and provide answers on many frequently asked questions. See csnpe-nslsc.canada.ca/en/home

Remember, our advisors are always here to help you filter through it all! To connect with us, visit capilanou.ca/financial-aid

IMPORTANT DETAILS TO KEEP IN MIND ABOUT STUDENT LOANS

- Apply early—applications can take up to two months to be processed.
- Applications for the 2022–2023 academic year open in June 2022.
- You do not need to be registered in courses to complete and submit the application. Submit a separate application through your provincial loan provider for each term. The final deadline to submit your application is six weeks before the end of the term.
- Funding is only released on or after the first day of classes, so if you need the loan to pay tuition, you should apply for a Fee Deferral at CapU once you receive a notification letter from your provincial loan provider. For more information on Fee Deferrals, visit capilanou.ca/fee-deferrals
- While you are enrolled in full-time studies, you are not required to make payments on the principal of the loan. The interest is paid by the provincial and federal governments.
- Repayment of the loan will begin six months after your studies end.

OTHER FUNDING RESOURCES

Adult Upgrading Grants: If you're upgrading your skills or taking developmental education or training courses, the Adult Upgrading Grant could help cover your costs. For more information, visit capilanou.ca/financial-aid/aug

Funding for Youth Aged Out of Care: If you're living — or have lived — as a youth in care in B.C., you could qualify for financial support to cover some of the costs of your education at Capilano University. To see what is available, visit capilanou.ca/aged-out-of-care

External Awards: Many government partners, associations and not-for-profit organizations offer scholarships, bursaries and awards for eligible CapU students. To access our External Awards handout and other external award opportunities, visit capilanou.ca/external-awards

Student Line of Credit: Another option you can explore is taking out a student line of credit through a bank or credit union. Talk to your bank or credit union to see if you qualify for a student line of credit or other financing options.

Emergency Funding: If you are facing unexpected financial distress, we can help you assess your financial options and apply for emergency bursaries and loans.

HOW TO APPLY FOR SCHOLARSHIPS, BURSARIES AND AWARDS

- 1 Go to **myCapU Account:** capilanou.ca/mycapu
- 2 Log into your **myCapU Account**
- 3 Select **Financial Aid and Awards**
- 4 Select **Apply for Scholarships, Bursaries, Awards and Fee Deferrals.**
- 5 Select the **Scholarships, Bursaries and Awards application** for the term.
- 6 Don't forget to submit additional documents to be eligible for even more scholarship, bursary and award opportunities!

\$2.1M+

in CapU scholarships, bursaries and awards were provided to 1,424 students in 2020/21

88.5%

of CapU graduates successfully repaid their student loans in 2020

STUDENT LOANS & GRANTS

If you are a Canadian citizen or permanent resident, you may qualify for loans or grants from the government to help you pay for your education at CapU. Whether you are a full-time or a part-time student, you may qualify as long as you are enrolled in an eligible program. When you apply, you will be assessed for both provincial and federal (Canada) government loans and grants. To apply and get more detailed information, visit capilanou.ca/loans-grants

JOIN OUR HOUSING COMMUNITY

Our goal is to create an environment in residence that feels like family. When you move into CapU Housing, you will become part of an engaging and supportive community, designed to help you learn, grow and build lasting friendships. Our residence life team is here to help you feel at home!

ROOMS & ROOMMATE SELECTION

- Most of the rooms in CapU Housing are double occupancy, which means you share with another student.
- You can select your roommate using our roommate-matching portal.
- Communicate with your roommate to discuss shared items and decor ideas.
- Priority for single occupancy rooms is given to students with an identified need for special accommodation.

TOP REASONS TO LIVE IN RESIDENCE

- 1 AFFORDABLE FEES STARTING AT APPROXIMATELY \$1,170* PER MONTH FOR SHARED ACCOMMODATION
- 2 CLOSE TO THE CAMPUS (UNDER 10-MINUTE DRIVE)
- 3 MAKE FRIENDS FOR LIFE AND MEET PEOPLE FROM ALL OVER THE WORLD
- 4 SURROUNDED BY NATURE AND YET CLOSE TO THE CITY
- 5 NO COOKING OR CLEANING
- 6 UNLIMITED HIGH-SPEED WI-FI
- 7 FREE LAUNDRY FACILITIES
- 8 ABUNDANT COMMON SPACES

**Please note: Prices are subject to change. Always check our website for the most up-to-date costs.*

RESIDENCE IS MORE THAN JUST A PLACE TO SLEEP AND EAT. IT'S A PLACE OF FAMILY. IT'S A GROUP OF STUDENTS AND STAFF WORKING TOGETHER TO CREATE A COMMUNITY FILLED WITH FRIENDSHIP AND SUPPORT. EVERYONE IS HERE FOR EACH OTHER. I COULDN'T ASK FOR A BETTER PLACE TO LEARN AND GROW AS A STUDENT.

DYLAN MONTEITH
Bachelor of Motion Picture Arts, 2020

MEAL PLAN

CapU Housing includes a meal plan, which is mandatory for all residents. It offers healthy meal options for breakfast, lunch and dinner, seven days a week. Vegetarian, vegan and gluten-free meals are served during each meal time, with additional meals available for students whose requirements cannot be met by these options. When you apply, you will be invited to provide detailed information about any dietary restrictions you may have. Should you have any questions about our ability to meet your dietary needs, contact us at residencedining@capilano.ca

IMPORTANT DATES

MAY 31, 2022: Application deadline for Fall 2022/Spring 2023	JUNE 1, 2022: Waitlist application opens for Fall 2022/Spring 2023
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HOW TO APPLY FOR CAPU HOUSING

STEP 1: VISIT OUR APPLICATION PORTAL
Soon after you applied to CapU, you received a university username and password. These details will be used to create an account on our CapU Housing application portal. See capilano.ca/housing

STEP 2: PAY APPLICATION FEES
Please note that your application will not be considered complete until the \$50 application fee has been received.

STEP 3: CHECK THE HOUSING PORTAL OFTEN
After you have applied for housing, you will receive an email confirming that the application has been received. All official communication will be visible here. Be sure to check often to ensure you do not miss any messages.

Within two weeks after the applicable application deadline, you will receive one of the following:

1. **Offer of Housing:** Once you have been admitted, you will receive an Offer of Housing via email, which will include important information about fees, move-in dates and room type. If you wish to accept the offer, you will be given a deadline by which to log back into the residence portal to pay a \$500 confirmation fee.
2. **Waitlist Offer:** If all available spaces are currently full, you will receive an offer to be placed on our housing waitlist. You will be asked to log in to our housing portal to confirm this offer, but will not be required to pay any fees until you have received a full Offer of Housing.

DID YOU KNOW?
FIRST-YEAR STUDENTS HAVE PRIORITY FOR HOUSING.



GET YOUR GAME ON

Capilano University has a long tradition of excellence in athletics. Our teams, the Blues, compete in soccer, basketball and volleyball against other B.C. post-secondary teams for the chance to advance to national championships. Capilano University continues to take physical measures to combat the spread of COVID-19. When it is safe to do so, you will have the opportunity to participate in Capilano University Blues varsity teams.

RECREATIONAL ACTIVITIES

The Centre for Sport and Wellness (CSW) provides an ideal space for fitness, sports and group recreational activities. In response to the pandemic, CapU Rec has modified its programs to offer both virtual and in-person programming.

Virtual Programming

- Live online fitness classes led by expert instructors
- Virtual run club (using Strava app)
- 5 Minutes of Movement video series
- Recreation Movement online resources

In-Person Programming

- Drop-in basketball, badminton, soccer and pickleball
- Intramural sports: cricket, soccer, basketball, volleyball
- Group fitness classes: Zumba, spin, circuit training

Weight Room

- Open Monday to Friday, available for free to all CapU students, staff and faculty

CAPU BLUES ACCOLADES

15 National Championships	61 Provincial Championships	2 CCAA Soccer Supremacy Awards
9 CCAA Players of the Year	4 CCAA Coaches of the Year	38 Conference Players of the Year
75 CCAA All-Canadians	70 CCAA Academic All-Canadians	283 CCAA National Scholars
3 CCAA Hall of Fame Inductees	22 Conference Coaches of the Year	169 PACWEST Academic Excellence Awards



HOW TO APPLY

1

APPLY TO CAPU

All student-athletes must go through the standard admission process and meet all admission requirements for their desired programs. capilano.ca/apply

2

COMPLETE THE PROSPECTIVE STUDENT-ATHLETE QUESTIONNAIRE

Find the form at athletics.capilano.ca under the *recruits* menu. Be sure to provide links to any recordings of games or highlights.

3

SIGN A LETTER OF INTENT (LOI)

Once a head coach offers you a spot on the team, signing the LOI confirms your commitment to join the CapU Blues for the upcoming varsity season.

STUDENT-ATHLETE SERVICES

We want student-athletes to be the best they can be both physically and mentally. We help you take care of your body and your mind by offering services that foster healthy habits and lifestyles while you study at CapU.

- **Centre for Sport & Wellness:** The Centre features state-of-the-art technology that you can use in combination with the latest training techniques.
- **Athletic Therapist:** A certified athletic therapist works with all teams throughout the season, and will help you recover from injuries and maintain peak performance.
- **Academic Advising:** Each Blues varsity team has at least one academic advisor to help with academic matters. These advisors are familiar with the demands of student-athletes and will help you with anything from course planning to exam prep to degree navigation.
- **Peer Support Coach Program:** This is a mentorship program where veteran CapU student-athletes mentor new teammates to help you stay on top of your academic workload while also meeting your athletic requirements.

CONNECT TO SUPPORT SERVICES

We want you to thrive and succeed during your time at CapU. During your journey, you may face barriers and setbacks. Rest assured, our Student Success team is here to support you, no matter what challenges you experience.



ACADEMIC SUPPORT

A helping hand is always within reach in the CapU Library and Learning Commons, a supportive environment for learning and skills development, research, individual study and group work. Here you can access reference materials, computers, presentation facilities and faculty experts in math, writing, English language support and learning strategies. See capilanou.ca/academic-support

ACCESSIBILITY SERVICES

Accessibility Services oversees academic accommodation of the learning environment and associated supports for students with ongoing or temporary disabling conditions. For details, see capilanou.ca/accessibility

YOUR EARLY SUPPORT

Facing a personal or academic challenge? Our student support advisors in the YES (Your Early Support) program will connect you to the resources and services to help you succeed. See capilanou.ca/yourearysupport

CAPILANO STUDENTS' UNION

The voice of students at CapU, the Capilano Students' Union advocates for your interests and needs by representing students to CapU and all levels of government. The CSU delivers student programs and services; funds and administers clubs and associations on campus; and hosts a variety of events to promote student well-being. See csu.bc.ca

CAREER DEVELOPMENT CENTRE

The Career Development Centre (CDC) can help you make a smooth transition to a successful career. Whether you are looking for a part-time job, a volunteer experience to develop your skills or hoping to make the first step onto the career ladder, the CDC is here to help. From guidance on career exploration, how to write resumés and cover letters, to interview preparation, networking tips and job search strategies, the CDC can advise and coach you to success. See capilanou.ca/career-development-centre



CENTRE FOR INTERNATIONAL EXPERIENCE

The Centre for International Experience is a home away from home for students around the world and a launching pad for life-enriching study abroad opportunities. Here you will find services such as: admissions and immigration advising, peer mentorship, workshops and preparation resources for new and current international students. See capilanou.ca/international

COUNSELLING SERVICES

Free, confidential counselling services are available to help you succeed during your time at CapU. Workshops are also offered throughout the year on a variety of student and personal success topics. See capilanou.ca/counselling

KÉXWUSM-ÁYAKN STUDENT CENTRE

The Kéxwusm-áyakn Student Centre is a welcoming space to study, socialize and learn about Indigenous traditions, languages and values from local Elders. Here, you'll also find support with course selection, registration, learning resources and communication with First Nations Band education officers and instructors. See capilanou.ca/indigenous

CLUBS

Part of student success is making sure that you have platforms to share your passions, talents and interests with like-minded people. No matter what you enjoy doing, there is a club that connects you to others who enjoy those same activities. And if not, feel free to start a club of your own. Below are some of the active clubs that you can look forward to joining here at CapU:

- Capilano Tabletop Role-Playing Club
- Capilano Student Cinema Club
- Enactus Capilano
- Exercise is Medicine Club
- Capilano eSports Club
- CSU Ski Club

For a full list of the clubs on campus, visit: csu.bc.ca/clubs/club-directory

EXPERIENCE STUDYING ABROAD

At CapU, you will be encouraged to immerse yourself in global experiences beyond the classroom. By engaging in a study abroad program, you can expand your global competence and networks, earn credits toward your degree or diploma, and propel yourself in extraordinary ways.

FULL TERM EXCHANGES

WHAT: An independent study and travel experience for a full term. You'll come home with much more than just credits toward your degree, but also with enriched globally-relevant perspectives.

WHERE: Head to one of more than 20 partner destinations around the world!

WHEN: Start planning in your first and second year to depart in the fall, spring or summer term of your third year of study.

ELIGIBLE PROGRAMS: Bachelor of Business Administration, Bachelor of Tourism Management, Bachelor of Motion Picture Arts, Bachelor of Communication Studies, Bachelor of Design in Visual Communication (IDEA), Bachelor of Arts with a major in Interdisciplinary Studies, Bachelor of Legal Studies (Paralegal), and Bachelor of Early Childhood Care and Education.



GETTING AN OVERSEAS EXPERIENCE WHILE IN UNIVERSITY IS AN INCREDIBLE OPPORTUNITY. I GREW SO MUCH IN INDEPENDENCE AND RESILIENCE. I BEGAN TO SEE THINGS THROUGH A GLOBAL LENS, WHICH I FOUND INVALUABLE WHEN I RETURNED HOME. GO DO IT!

VICTORIA BOHL
Bachelor of Tourism Management, 2022
Spring 2020 Study Abroad Exchange, Austria

DID YOU KNOW?

WHILE ON EXCHANGE, YOU PAY THE SAME TUITION FEES YOU WOULD NORMALLY PAY AT CAPU. PLUS, YOU CAN APPLY FOR STUDY ABROAD SCHOLARSHIPS.

FIELD SCHOOLS

WHAT: An immersive 10-day to five-week global adventure with a group of fellow students led by CapU instructors who have a deeply rooted experience with the destination. You'll apply knowledge gained in the classroom to real-world challenges while earning up to six credits (two courses) toward your credential.

WHERE: Destinations vary from year to year. CapU has offered field schools in countries such as the United Kingdom, Vietnam, Cambodia, China and Hungary.

WHEN: Start planning in your very first year to depart in your second or third year, usually around the spring term.

ELIGIBLE PROGRAMS: Open to all disciplines upon successful completion of at least one year of study.



DISNEY INTERNATIONAL PROGRAM

WHAT: A unique study, work and travel abroad opportunity that allows you to complete academic coursework as well as supervised paid training, earning you a Certificate in Hospitality and Tourism or Certificate in Management.

WHERE: You get to complete the academic portion through the University of California, Riverside and the supervised paid training at the Walt Disney World Resort near Orlando, Florida.

WHEN: With departures in June each year, this cross-term program spans across the summer and fall terms (June to December).

ELIGIBLE PROGRAMS: Bachelor of Tourism Management, Tourism Management Co-op Diploma and Bachelor of Business Administration.

STUDY ABROAD

capilanou.ca/studyabroad

studyabroad@capilanou.ca

 [@capustudyabroad](https://www.instagram.com/capustudyabroad)

CapU's Study Abroad programs are subject to safe and secure global and host-country health and travel conditions in line with relevant CapU policies and Government of Canada travel advisories.

EXPLORE THE NORTH SHORE

Our main campus is located in North Vancouver, on Vancouver's North Shore. It is home to picturesque mountain ranges, beautiful provincial parks, three ski hills, suspension bridges and more. Here are a few things you can look forward to exploring on the North Shore.

1

EXPLORE THE MOUNTAINS AND SKI RESORTS

If you love the mountains and enjoy skiing in the winter, North Vancouver has amazing attractions for you. **Grouse Mountain** offers year-round activities, and is known for its panoramic views of Vancouver, scenic gondola ride and Grouse Grind, a challenging hike with 2,830 steps. **Cypress Mountain** hosted the freestyle skiing and snowboarding events in the 2010 Olympic Winter Games in Vancouver and has the largest number of runs. **Mount Seymour** is family- and budget-friendly and enjoys abundant snowfalls. It has activities such as skiing, snowshoeing, tubing and tobogganing.

2

VENTURE OUT INTO PARKS

Capilano Suspension Bridge Park is one of Vancouver's most popular attractions, with its spectacular suspension bridge. After your visit, head out to **Treetops Adventure**, a series of seven more suspension bridges. **Lynn Canyon Park** is a must-see as it includes the Twin Falls, the Pipe Bridge, and you can enjoy a refreshing swim in the 30-foot pool. Other parks to discover are Whytecliff Park, Ambleside Park, Capilano River Regional Park, Cates Park, Lighthouse Park and Lynn Headwaters Regional Park.

3

VISIT LOWER LONSDALE

Lower Lonsdale is the district at the bottom of Lonsdale Avenue that includes Lonsdale Quay, Polygon Gallery and CapU Lonsdale, located in the Shipyards. **Lonsdale Quay** offers some of the best views of the Vancouver skyline on the North Shore. It is also home to **Lonsdale Quay Market** which hosts 80 locally-owned businesses, a food court, specialty retail stores, and a craft brewery.

4

ENJOY THE BEACHES AND WATERFRONTS

Deep Cove is the beautiful seaside village primarily known for its stunning views of B.C. and the Quarry Rock hike. It is also a great place for walking, kayaking, paddle boarding, swimming and a relaxing picnic in the summertime. Add to your list Cates Park, Ambleside Beach, Dundarave Beach and Horseshoe Bay for more beaches and seaside adventures.

5

THE NORTH SHORE'S BEST EVENTS

There is always something happening on the North Shore and below are some events and festivals to add to your calendar:

- Summer Concert Music Series
- Canada Day Celebrations
- Caribbean Days Festival
- Coho Festival
- Deep Cove Daze
- Harmony Arts Festival
- Lynn Valley Day
- Shipyards Festival
- Christmas events include:
 - Dundarave Festival of Lights
 - Grouse Mountain's the Peak of Christmas
 - Canyon Lights at the Capilano Suspension Bridge
 - Shipyards Christmas Festival

For more events and activities, visit vancouvernorthshore.com



WE ARE HERE FOR YOU

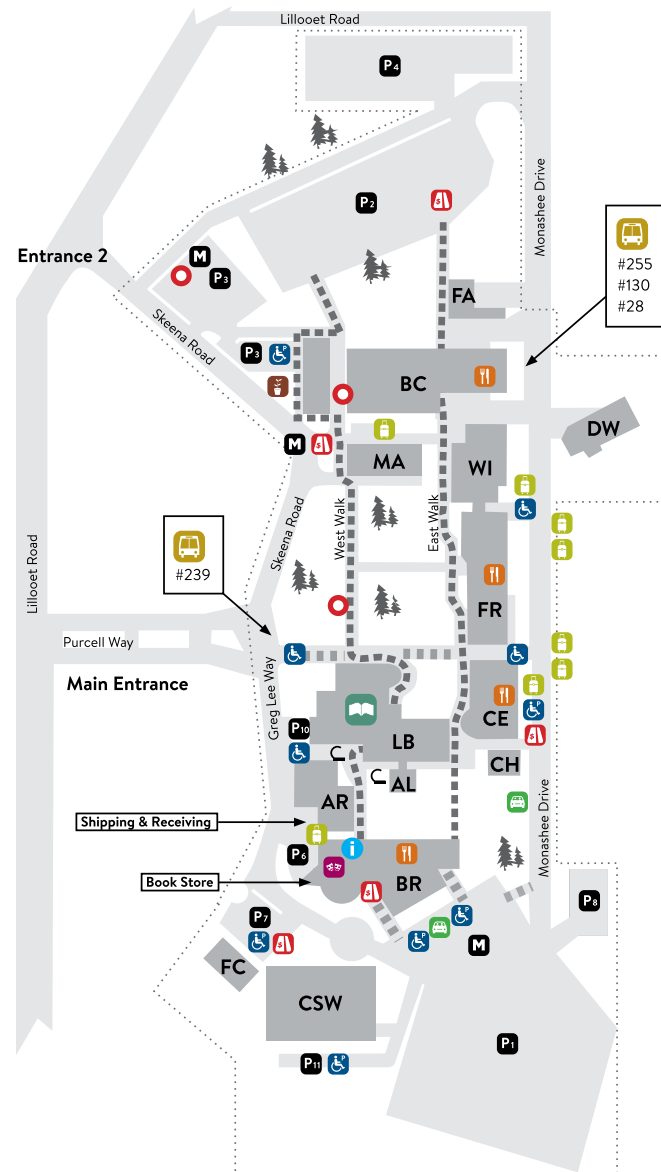
Campus Security is committed to ensuring your safety and the safety of students, employees and visitors through effective policies and procedures, educational programming and community involvement. For lost and found, incident reporting, first aid, Safe Walk, access control, wildlife management, missing persons and auto crime reporting, contact Campus Security.

CAMPUS SECURITY

604 984 1763
securityguards@caplanou.ca
Arbutus Building, room AR017
CapU main campus, North Vancouver
If you have a safety concern, dial 911 and notify Campus Security.

DID YOU KNOW?

CAPILANO UNIVERSITY'S CAPU SAFE APP IS A FREE DOWNLOADABLE MOBILE TOOLKIT AND EMERGENCY NOTIFICATION RESOURCE.

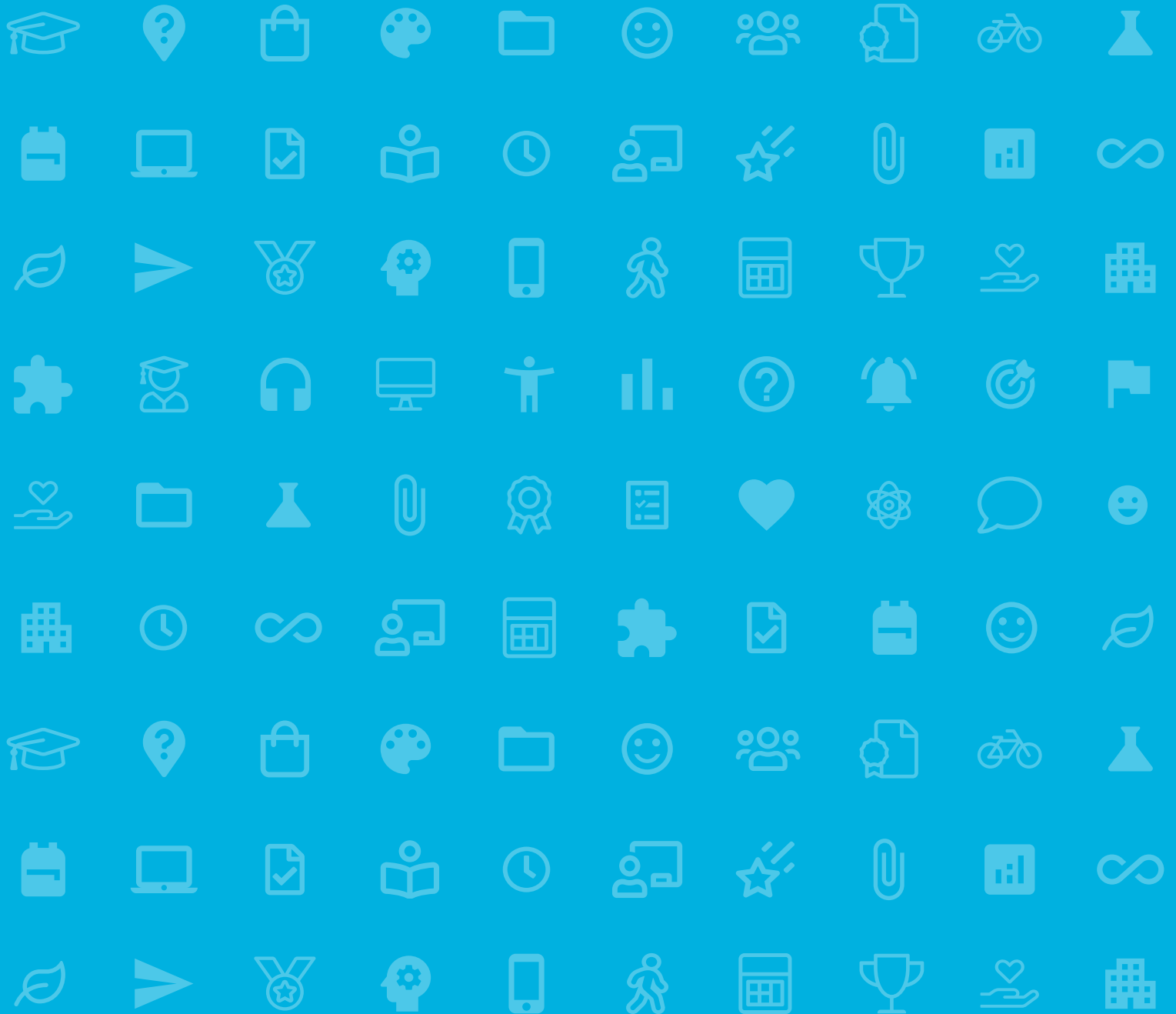


- AL Alder
- AR Arbutus
- BC Nat & Flora Bosa Centre for Film and Animation
- BR Birch
- CE Cedar
- CH Children's Centre
- DW Dogwood
- FA Facilities
- FC Fitness Centre
- FR Fir
- LB Library
- MA Maple
- CSW Centre for Sport & Wellness
- WI Willow
- Accessible Parking
- Accessible Routes
- Community Garden
- Car Pool
- Emergency Phones
- Food Services
- Information/Reception
- Library
- Loading Zones (max. 15 minutes)
- Motorcycle Parking (FREE)
- Parking Lots with lot no.
- BlueShore Financial Centre for the Performing Arts
- Transit
- Outdoor Pavilions

PRE-ARRIVAL CHECKLIST

Fold and tear away on the dotted line here

CHECKLIST	WHERE TO FIND IT
<input type="checkbox"/> Activate your myCapU Account	caplanou.ca/logging-into-your-accounts
<input type="checkbox"/> Learn how to log in and navigate your myCapU email and eLearn dashboard	caplanou.ca/logging-into-your-accounts
<input type="checkbox"/> Transfer students: make sure you send us your official transcripts as soon as possible	caplanou.ca/transfer-credit
<input type="checkbox"/> Check your myCapU email regularly for updates, especially registration time tickets	caplanou.ca/registration-time-tickets
<input type="checkbox"/> Attend JumpStart events (June 20–July 8, 2022)	caplanou.ca/jumpstart
<input type="checkbox"/> Apply for scholarships, bursaries and awards through your myCapU Account	caplanou.ca/mycapu
<input type="checkbox"/> Apply for student loans (if needed)	studentaidbc.ca
<input type="checkbox"/> Apply for CapU Housing (if needed)	caplanou.ca/housing
<input type="checkbox"/> Sign up for a course planning workshop	caplanou.ca/course-planning-workshops
<input type="checkbox"/> Register for courses (July 4–15, 2022)	caplanou.ca/how-to-register
<input type="checkbox"/> Request fee deferral, if needed (deadline: To be determined)	caplanou.ca/fee-deferrals
<input type="checkbox"/> Pay tuition fees (deadline: Aug 22, 2022, 4 p.m.)	caplanou.ca/fees/payment-options
<input type="checkbox"/> Buy your books and supplies	caplanou.ca/bookstore
<input type="checkbox"/> Move into CapU Housing (August 31, 2022)	caplanou.ca/housing
<input type="checkbox"/> Complete the pre-orientation course on eLearn dashboard (available mid-July)	Check your email for updates
<input type="checkbox"/> Attend New International Student Orientation (September 2, 2022)	caplanou.ca/new-international-student-orientation
<input type="checkbox"/> Attend New Student Orientation (All new students – September 6, 2022)	caplanou.ca/orientation
<input type="checkbox"/> Attend your program orientation (Date to be determined)	Check your email for updates
<input type="checkbox"/> Familiarize yourself with other key dates and deadlines	caplanou.ca/reg-dates
<input type="checkbox"/> Learn about available support services at CapU	caplanou.ca/student-life



CAPU MAIN CAMPUS

2055 Purcell Way
 North Vancouver, B.C.
 Canada V7J 3H5
 Tel: 604 986 1911

CAPU LONSDALE

250 - 125 Victory Ship Way
 North Vancouver, B.C.
 Canada V7L 0G5
 Tel: 604 986 1911, ext. 5600

**kálaḡ-ay SUNSHINE
 COAST CAMPUS**

5627 Inlet Ave
 Sechelt, B.C.
 Canada V0N 3A0
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